

### HOME

- Do the dishes without being asked.
- Offer to help a younger sibling with his/her homework.
- Start your parents' car so it will be nice and warm when they hop in.
- What is your mom's least favorite household chore? Take over that job for her.
- Do a chore for a brother or sister without them knowing.
- Do the laundry
- Take care of the house (cleaning, yardwork, dishes, etc.)
- Cook meals for your family and for others (new moms, crisis situations, deaths)
- Get up early and make breakfast for your husband before he leaves for work
- Take time to be with your kids- play, read, teach, and disciple them

# **HOSPITALITY / CONNECTION**

- Invite someone with nowhere to go over for a Holiday.
- Show hospitality by inviting others into your home
- Host a "get to know you" event at your

- house to help people in your community get connected and make new friends.
- Take someone out for coffee and truly listen to their story.
- Befriend someone with special needs.
- Serve at Meals on Wheels and get to know the shutins.

#### **SCHOOL**

- Contact your school principal ask how you can volunteer at school.
- Ask your child's teacher if there is anything you can do to help her (making copies, buying supplies, listening to kids read, cutting stuff out, etc.)
- Tutor a kid in need (for free).
- Sign up to coach a youth sport and tell the kids they are smart, kind, and important.

### **CHURCH**

- Teach Sunday school.
- Ask your youth pastor how you can help set up or tear down for youth group.
- Volunteer at your church (nursery, youth ministry, greeter, worship team, etc.)
- Use your individual talents to help others (Computer skills, building, gardening, finances, sewing, working on vehicles, etc.)
- Use your creativity (artwork, songwriting, scrapbooking, writing, blogging, etc.)
- Serve in the Kids Ministry or Youth Group at church.
- Spend five hours per week volunteering in your church office.
- Offer to drive someone to church (call and ask in the office if they know of anyone who could use a ride).
- Visit someone from your church who is

- hospitalized.
- Start a group dedicated to home repairs and house work at your church for people in need.

#### **NEIGHBORS**

- Ding dong ditch. Place flowers or goodies on someone's doorstep. Ring the bell and run!
- Call a momma you know and offer to babysit for free.
- Babysit another moms kids so she can have a break
- Go over and visit with an elderly neighbor (while there ask if you can run any errands for them or help with anything around the house)
- Pick up trash around your neighborhood or at a local park
- Offer to babysit for free.
- Mow an elderly neighbor's lawn (or shovel their driveway).
- Leave a thank you note and/or present for the people we often take for granted (policemen, fireman, paramedics, nurses, the mailman, teachers, pastors, etc.).
- On garbage day, pull everyone in the neighborhood's garbage cans back to their houses.

#### MISSIONS

- Pick a missionary and commit to pray for them one hour each week.
- Serve in a prison ministry.
- Tell others about Jesus! There is no better service that we could ever do for anyone!

## **HOSPITAL / NURSING HOME**

- Volunteer to rock babies in the NICU at your local hospital.
- Make and deliver chemo care packages.
- Volunteer at a Nursing Home.

- Donate blood.
- Ask at a nursing home if there's anyone who needs visitors.
- Play music at a nursing home.
- Drop off toys and activities at your local children's hospital (many have a list of needs on their website).
- Host a bingo night at a long-term care facility or nursing home.
- Sign up to drive cancer patients to their appointments.
- Adopt a grandma or grandpa at your local nursing home and visit regularly.
- Volunteer at your local pregnancy care center.

### **DONATION**

- Go through your closets and donate old books and games to your local hospital.
- Bring baked goods to someone who is sick or hurting.
- Give your old clothes to a local shelter.
- Send a care package to deployed soldiers.
- Buy some extra canned goods the next time you're getting groceries and take them to a food bank
- Donate food to a food pantry.
- Go through your closet and giveaway old clothes and shoes to someone in need.
- Leave a quarter in a vending machine or parking meter for someone else to use.

#### **PROVISION**

- Buy someone lunch.
- Host a garage sale or bake sale and give the proceeds to someone less fortunate.
- Sell a luxury item and donate the money to someone in need.
- Downgrade your cell phone or cable plan

- and donate the monthly savings.
- In a drive thru, pay for the meal of the person behind you
- Keep \$5 McDonald's gift cards for the homeless.
- With your money- tithe to your local church, donate to organizations like Compassion International, and support missionaries
- Support a ministry financially.
- Donate to an organization.
- Send an anonymous donation to someone you know who is struggling financially.

#### **SPONSORSHIP**

Sponsor a child through a Christian sponsorship organization.

### **MENTOR / DISCIPLESHIP**

- Be a mentor. Offer to do a Bible study together.
- Start a Bible study in your school.
- Sign up to mentor an ex-prisoner.

#### **PRAYER**

Page 4

Fast one day a week to pray for others.

# KINDNESS / ENCOURAGEMENT / ATTITUDE

- Don't take the best seat in the house.
- Write an encouraging note and leave it in a friend's locker.
- Promote someone else's ideas. Whenever possible, champion others.
- Give compliments generously.
- Let someone else pick what show you watch.
- Write encouraging notes on all of your friends' Facebook walls.

- Write a note to your teachers telling them you appreciate their investment in you (or your children).
- Thank a service member for what they do by sending them a care package
- Just be friendly (smile, hug, say hi, hold the door open, etc.)
- Humble ourselves- put others needs and preferences before our own
- Have good sportsmanship- whether it's you playing or your kid
- When around other people, put your phone away- let those you're with know that they are important to you and that they have your full attention
- Include others who may be feeling left out or don't fit in
- Write a thank you note to someone
- Do some Random Acts of Kindness wherever you go.
- Who do you know that's lonely? Call her up and make plans.
- Send a card to (or text) someone in need of some encouragement
- Write your favorite Scriptures out on note cards. Insert them into books at the school or public library.

#### **OTHER IDEAS**

•	
•	
•	
•	